

Activity Ideas

Printing Instructions

I'm so happy you grabbed these activity ideas, momma! I really hope they help you to fill your day with the things you love! Sometimes staying home - your days can get soooo long. Especially with a baby! Hopefully this helps make the day go by faster. ;-)

It is best to print this out on letter-sized paper. Keep in mind that different printers may make the colors look different. You can print on any paper, but a 28 lb gives your pages a more luxurious feel.

If you have any questions at all, email me at shannon@makingmommamas.com. I'm happy to help!



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Infants & Babies

ACTIVITY IDEAS TO FILL YOUR DAILY SCHEDULE

TASK	DONE	TASK	DONE	TASK	DONE
nursing	<input type="checkbox"/>	bouncy chair	<input type="checkbox"/>	visit a park	<input type="checkbox"/>
bottle feeding	<input type="checkbox"/>	swing time	<input type="checkbox"/>	visit a lake	<input type="checkbox"/>
diaper changes	<input type="checkbox"/>	play pen time	<input type="checkbox"/>	pool time	<input type="checkbox"/>
bathing	<input type="checkbox"/>	crib time	<input type="checkbox"/>	run errands	<input type="checkbox"/>
snuggling	<input type="checkbox"/>	bassinet time	<input type="checkbox"/>	go to ECFE	<input type="checkbox"/>
rocking	<input type="checkbox"/>	skin to skin contact	<input type="checkbox"/>	play dates	<input type="checkbox"/>
walking	<input type="checkbox"/>	introduce cereal	<input type="checkbox"/>	listen to music	<input type="checkbox"/>
pacing the floor	<input type="checkbox"/>	introduce foods	<input type="checkbox"/>	hold baby often	<input type="checkbox"/>
singing	<input type="checkbox"/>	introduce water	<input type="checkbox"/>	tell stories	<input type="checkbox"/>
talking	<input type="checkbox"/>	high chair time	<input type="checkbox"/>	make silly faces	<input type="checkbox"/>
reading	<input type="checkbox"/>	baby walker	<input type="checkbox"/>	make silly noises	<input type="checkbox"/>
looking out windows	<input type="checkbox"/>	activity center	<input type="checkbox"/>	teach baby to mimic	<input type="checkbox"/>
tummy time	<input type="checkbox"/>	baby jumper	<input type="checkbox"/>	watch the sunrise	<input type="checkbox"/>
floor time	<input type="checkbox"/>	sitting	<input type="checkbox"/>	watch the sunset	<input type="checkbox"/>
walking outside	<input type="checkbox"/>	baby gyms	<input type="checkbox"/>	introduce animals	<input type="checkbox"/>
visiting family	<input type="checkbox"/>	play mats	<input type="checkbox"/>	introduce toys	<input type="checkbox"/>
visiting friends	<input type="checkbox"/>	baby carriers	<input type="checkbox"/>	introduce books	<input type="checkbox"/>