

# This Year's Goals

## Printing Instructions

I'm so happy you grabbed my goal planning page, mamma! I created this page years ago, when I needed better focus. 😊 I'm happy to share it with you now - I hope it helps you to stay focused on your goals this year!

It is best to print it out on letter-sized paper. Keep in mind that different printers may make the colors look different. You can print on any paper, but a 28 lb gives your pages a more luxurious feel.

If you have any questions at all, email me at [shannon@makingmommamas.com](mailto:shannon@makingmommamas.com). I'm happy to help!



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| <i>quarter one</i>   |  |
|----------------------|--|
| <i>quarter two</i>   |  |
| <i>quarter three</i> |  |
| <i>quarter four</i>  |  |