Normal Behaviors Checklist

Printing Instructions

I'm so happy you grabbed the behavior checklists, momma! Sometimes it's really hard to know if what your child is doing is normal for his/her age - or not. Hopefully this helps!

It is best to print them out on letter-sized paper. Keep in mind that different printers may make the colors look different. You can print on any paper, but a 28 lb gives your pages a more luxurious feel.

If you have any questions at all, email me at shannon@makingmommas.com. I'm happy to help!



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E	Vormal Sehavior 8 MONTHS
V	does the opposite of what you ask
V	does not follow direction
V	likes to say "No!"
V	cannot wait
V	has no control over emotions
V	cannot share
	has an unlimited supply of energy
V	Cannot reason © Making Mommas 2025

Discipline Techniques to Try 18 MONTHS This age is more about behavioral management: prevention and distraction. distraction 🗴 use one-word directives removal from the situation 💱 help to calm down (snuggle, sing, rub back) Go on the offensive: »---> make sure (s)he is well-rested, fed, & not over-stimulated spend time bonding »---> create structure & routine

Normal Behavior 2 YEARS	
V will hit hike kiek where experiencing a	mationa
\heartsuit will hit, bike, kick, when experiencing e	
✓ is starting to follow some directions	
🗹 likes to say "No!"	
☑ can wait for a few short minutes	
🗹 has little control over emotions	
🗹 cannot share, but can give substitute	e item
🗹 wants to please you	
V has very limited reasoning skills © Making Mommas 2025	

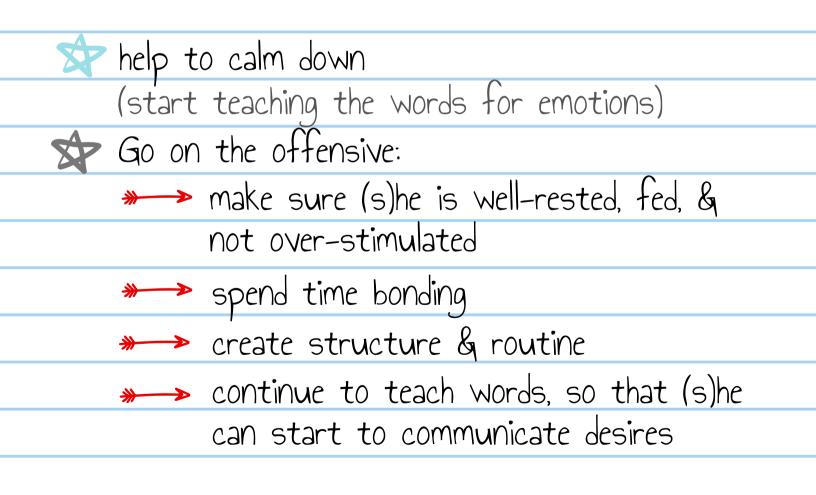
Discipline Techniques to Try

This age is more about behavioral management: prevention, distraction, and teaching are KEY.

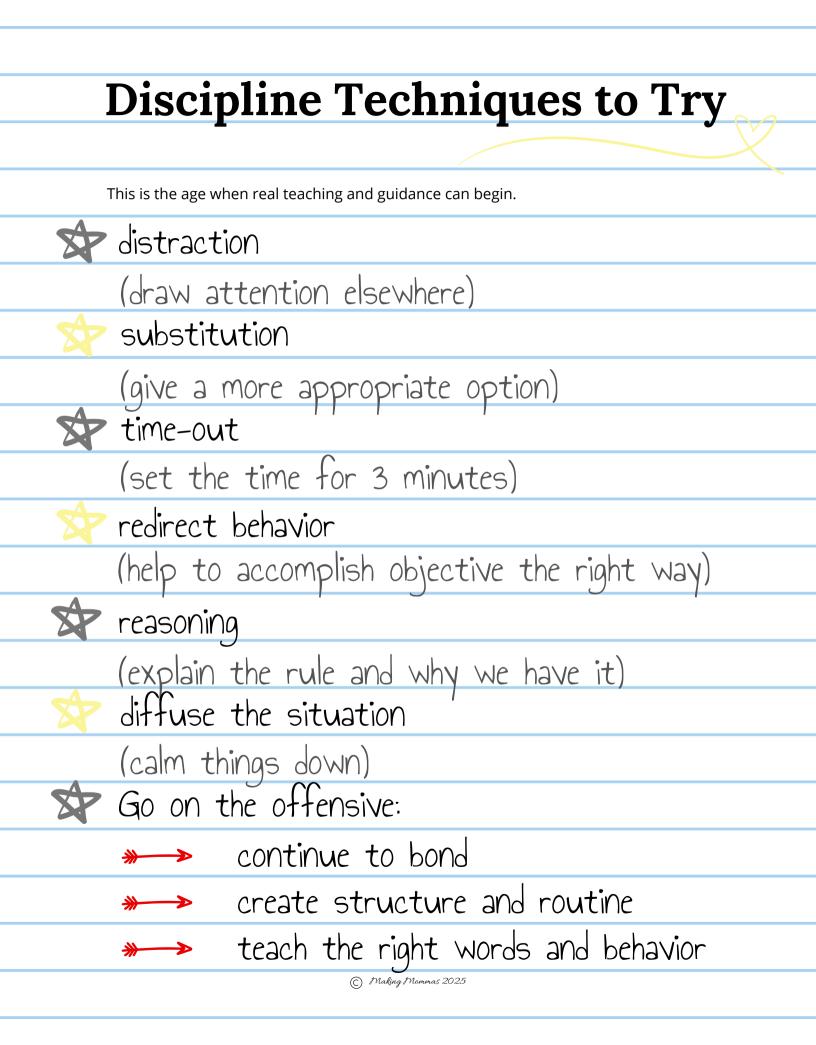


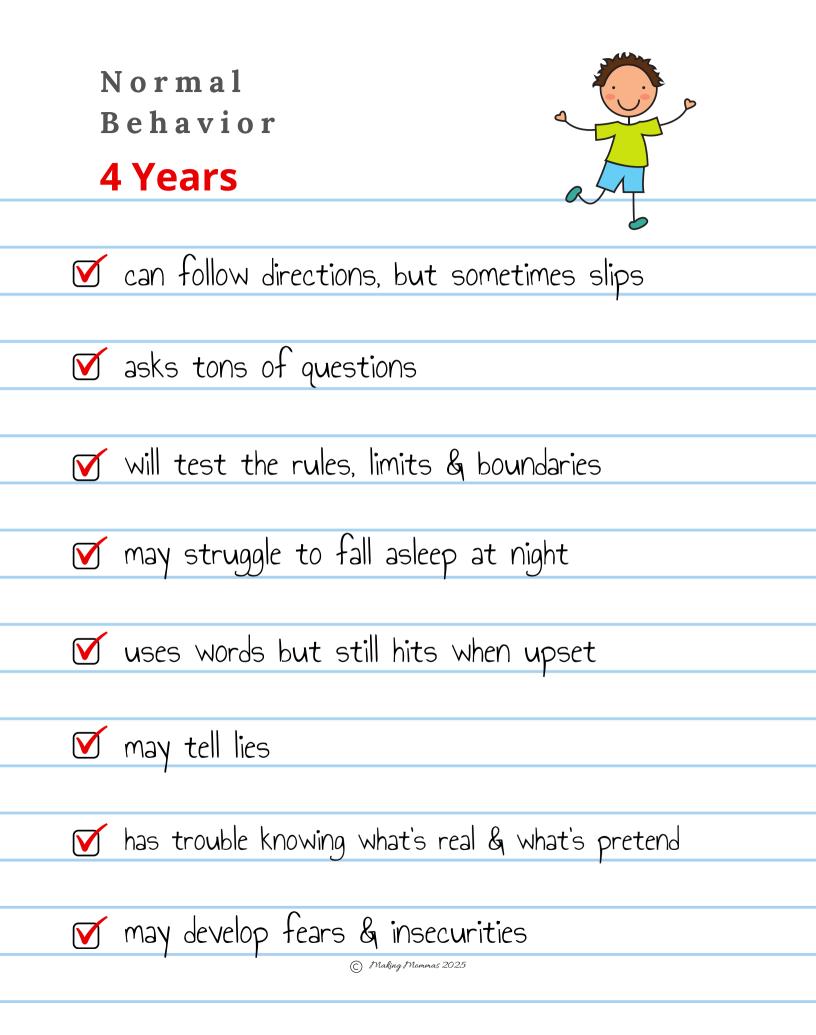






Normal Behavior <mark>3 Years</mark>	
✓ can follow directions	
☑ likes to be part of a tear	٩
🗹 can share	
🗹 likes to experience new th	ings
✓ is gaining control of emotion	ions
🗹 can be insecure, shy, or ea	asily embarrassed
✓ will start testing the rules a	ind limits
Can be reasoned with	025





Discipline Techniques to Try

This age is EXHAUSTING!! Teach & reason A LOT at this age - your child wants to know WHY.

