

Lunch Box Ideas

Printing & Customizing Instructions

I'm so happy you grabbed the lunch box idea PDF! I really hope these tools help you to create awesome school lunches that your kiddos just love, momma.

Just print it out and hang it on your fridge for quick reference!

It is best to print it on letter-sized paper. Keep in mind that different printers may make the colors look different. You can print on any paper, but a 28 lb gives your page a more luxurious feel.

If you have any questions at all, email me at shannon@makingmommamas.com. I'm happy to help!



Please Let Me Know
What You Think

If you love this PDF, please email
me and let me know!



Drop By Our Shop!

If you're in need of some extra support to tackle the daily chaos at home, swing by my Etsy shop! I've got all the tools you need to bring some order and joy into your routine, from planners to self-care kits. Let's make managing life at home a breeze together—check out my shop today and let's embrace this journey with confidence! 🏠❤️ #SAHMLife #EtsyFinds #HomeManagement

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Lunch Box Ideas

SANDWICH IDEAS

- Peanut Butter & Jelly
- Ham
- Cold Cut Combo
- Tuna Salad
- Egg Salad
- Banana & Peanut Butter
- Meatball Sub
- BLT
- Pizza Sub
- Peanut Butter & Syrup
- Cheese

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SANDWICH BREAD IDEAS

- White Bread
- Wheat Bread
- Homemade Bread
- Pita Pockets
- Tortilla
- Wrap
- Bun
- Roll
- Croissant
- Sub Bun
- French Bread

OR

SANDWICH ALTERNATIVES

- Leftovers
- Mac & Cheese
- Soup
- Quesadillas
- Pizza
- Pasta
- Hot Dish/Casserole
- Barbeques
- Chicken Nuggets
- Hamburger
- Cheese & Crackers
- Burrito
- Pancake Sandwich
- Egg Muffin
- Mini Bagels
- Waffle
- Quiche
- Overnight Oats
- Baked Potato

SIDES

- Pasta Salad
- Lettuce Salad
- Spinach Salad
- Quinoa Salad
- Sushi
- Hard Boiled Eggs
- Beans
- Rice
- Tuna Salad
- Crackers
- Chips
- Pretzels
- Popcorn

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FRUITS & VEGGIES

- Apple
- Orange
- Banana
- Raspberries
- Strawberries
- Blueberries
- Peach
- Pear
- Watermelon
- Cantaloupe
- Cherries
- Grapes
- Pineapple
- Mango
- Kiwi
- Apple Sauce
- Carrots
- Broccoli
- Cauliflower
- Cucumbers
- Tomatoes
- Celery
- Peppers

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SWEETS

- Cinnamon Roll
- Caramel Roll
- Cookie
- Cake
- Cupcake
- Bar
- Muffin
- Granola Bar
- Brownie
- Hand Pie
- Apple Crisp
- Cobbler
- Banana/Zucchini Bread
- Puppy Chow
- Bite-Sized Candy Bars

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FUN EXTRAS

- Fruit Snacks
- Fruit Roll Up
- Trail Mix
- String Cheese
- Dry Cereal
- Nuts & Seed

DRINKS

- | | | | | |
|---------------|------------------|---------------------|---------------|------------------|
| • Fruit Juice | • Smoothie | • Gatorade/Powerade | • Tea | • Water |
| • Milk | • Kool-Aid Pouch | • Lemonade | • Apple Cider | • Flavored Water |