

The Happy Sahn Cleaning Plan Checklist

Printing Instructions

I'm so happy you grabbed this free checklist. It's actually a part of The Happy Sahn Cleaning Plan - a printable cleaning planner I sell over in my [Etsy shop](#). I really hope this checklist helps you to create happier, cleaner, less chaotic days at home momma!

It is best to print the checklist on letter-sized paper. Keep in mind that different printers may make the colors look different. You can print on any paper, but a 28 lb gives your checklist a more luxurious feel.

If you have any questions at all, email me at shannon@makingmommamas.com. I'm happy to help!



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THE HAPPY SAHM CLEANING PLAN

MORNING CLEANING ROUTINE	M	T	W	H	F	S	S
Make Beds							
Start the Laundry							
Dishes							
Vacuum							
5 Minute Pick Up							
Water Plants							

AFTERNOON CLEANING ROUTINE	M	T	W	H	F	S	S
Switch Over the Laundry & Fold Clothes							
Dishes							
Mail							
Prep Supper							
Go Through School Work							

EVENING CLEANING ROUTINE	M	T	W	H	F	S	S
Supper & Dishes							
Switch Over the Laundry & Fold Clothes							
Prep Lunches							
Prep Backpacks							
Take Meat Out to Thaw							
Prep Coffee							
5 Minute Pick Up							