

WAYS TO SPEND *quality time* WITH YOUR CHILD

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| <input type="checkbox"/> Play a game | <input type="checkbox"/> Paint together |
| <input type="checkbox"/> Watch a movie together | <input type="checkbox"/> Play tag together |
| <input type="checkbox"/> Go shopping | <input type="checkbox"/> Play basketball together |
| <input type="checkbox"/> Go fishing | <input type="checkbox"/> Play soccer together |
| <input type="checkbox"/> Go camping | <input type="checkbox"/> Play baseball together |
| <input type="checkbox"/> Go for a walk | <input type="checkbox"/> Teach your child to throw |
| <input type="checkbox"/> Go to the pool | <input type="checkbox"/> Play football together |
| <input type="checkbox"/> Go to the library | <input type="checkbox"/> Fly a kite |
| <input type="checkbox"/> Dance together | <input type="checkbox"/> Blow bubbles |
| <input type="checkbox"/> Read together | <input type="checkbox"/> Throw rocks in water |
| <input type="checkbox"/> Bake together | <input type="checkbox"/> Go boating |
| <input type="checkbox"/> Go sledding | <input type="checkbox"/> Water ski together |
| <input type="checkbox"/> Go ice skating | <input type="checkbox"/> Snowmobile together |
| <input type="checkbox"/> Plant flowers together | <input type="checkbox"/> Go skiing together |
| <input type="checkbox"/> Plant a garden together | <input type="checkbox"/> Snow shoe together |
| | <input type="checkbox"/> Go bird watching |
| | <input type="checkbox"/> Play the piano together |
| | <input type="checkbox"/> Sing together |

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Throw a frisbee

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Go mini-golfing

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Go to the movies

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Eat out together

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Go to a ball game

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Go to the theater

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Get a make-over

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Get a manicure/pedicure

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Work-Out together

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Play dress-up

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Play hide & seek

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Set up an obstacle course

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Make a scrapbook

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Put on a puppet show

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Go to the beach together

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Go for a run together

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Go roller blading/skating

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Build something together

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Join a club together

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Take a class together

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Have a bonfire

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Cook together

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Learn to sew together

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Learn to quilt together

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Have a picnic

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Go to the park

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Join a contest together

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Play with the dog together

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Bike ride together

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Go on a scavenger hunt

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Build with cardboard boxes

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Share a journal together

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Go star-gazing together

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Have a nerf gun war

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Have a snowball fight

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Build a fort together

<input type="checkbox"/>	Build a tree house together	<input type="checkbox"/>	Travel together
<input type="checkbox"/>	Draw together	<input type="checkbox"/>	Take a road trip together
<input type="checkbox"/>	Color together	<input type="checkbox"/>	Play Bingo together
<input type="checkbox"/>	Have a water fight	<input type="checkbox"/>	Learn origami together
<input type="checkbox"/>	Go four-wheeling	<input type="checkbox"/>	Visit a museum
<input type="checkbox"/>	Go for a drive together	<input type="checkbox"/>	Visit the nature center
<input type="checkbox"/>	Play video games	<input type="checkbox"/>	Build a birdhouse together
<input type="checkbox"/>	Learn to cross-stitch together	<input type="checkbox"/>	Play laser tag together
<input type="checkbox"/>	Learn to embroider together	<input type="checkbox"/>	Play paint ball
<input type="checkbox"/>	Learn to crochet together	<input type="checkbox"/>	Take a pottery class
<input type="checkbox"/>	Learn to knit together	<input type="checkbox"/>	Sleep in the backyard
<input type="checkbox"/>	Paint your child's room together	<input type="checkbox"/>	Sleep in a blanket fort
<input type="checkbox"/>	Rebuild a car together	<input type="checkbox"/>	Camp out in the living room
<input type="checkbox"/>	Go ice fishing together	<input type="checkbox"/>	Have a pillow fight
<input type="checkbox"/>	Go hunting together	<input type="checkbox"/>	Visit an amusement park
<input type="checkbox"/>	Go to a concert together	<input type="checkbox"/>	Volunteer
<input type="checkbox"/>	Make a family tree together	<input type="checkbox"/>	Make up a new game
<input type="checkbox"/>	Play yard games together	<input type="checkbox"/>	Free Play with your child