



WAYS TO SPEND TIME 105 WITH YOUR CHILD

- Play a game
- Watch a movie together
- Go shopping
- Go fishing
- Go camping
- Go for a walk
- Go to the pool
- Go to the library
- Dance together
- Read together
- Bake together
- Go sledding
- Go ice skating
- Plant flowers together
- Plant a garden together
- Paint together
- Play tag together
- Play basketball together
- Play soccer together
- Play baseball together
- Teach your child to throw
- Play football together
- Fly a kite
- Blow bubbles
- Throw rocks in water
- Go boating
- Water ski together
- Snowmobile together
- Go skiing together
- Snow shoe together
- Go bird watching
- Play the piano together
- Sing together

- | | | | |
|--------------------------|---------------------------|--------------------------|----------------------------|
| <input type="checkbox"/> | Throw a frisbee | <input type="checkbox"/> | Join a club together |
| <input type="checkbox"/> | Go mini-golfing | <input type="checkbox"/> | Take a class together |
| <input type="checkbox"/> | Go to the movies | <input type="checkbox"/> | Have a bonfire |
| <input type="checkbox"/> | Eat out together | <input type="checkbox"/> | Cook together |
| <input type="checkbox"/> | Go to a ball game | <input type="checkbox"/> | Learn to sew together |
| <input type="checkbox"/> | Go to the theater | <input type="checkbox"/> | Learn to quilt together |
| <input type="checkbox"/> | Get a make-over | <input type="checkbox"/> | Have a picnic |
| <input type="checkbox"/> | Get a manicure/pedicure | <input type="checkbox"/> | Go to the park |
| <input type="checkbox"/> | Work-Out together | <input type="checkbox"/> | Join a contest together |
| <input type="checkbox"/> | Play dress-up | <input type="checkbox"/> | Play with the dog together |
| <input type="checkbox"/> | Play hide & seek | <input type="checkbox"/> | Bike ride together |
| <input type="checkbox"/> | Set up an obstacle course | <input type="checkbox"/> | Go on a scavenger hunt |
| <input type="checkbox"/> | Make a scrapbook | <input type="checkbox"/> | Build with cardboard boxes |
| <input type="checkbox"/> | Put on a puppet show | <input type="checkbox"/> | Share a journal together |
| <input type="checkbox"/> | Go to the beach together | <input type="checkbox"/> | Go star-gazing together |
| <input type="checkbox"/> | Go for a run together | <input type="checkbox"/> | Have a nerf gun war |
| <input type="checkbox"/> | Go roller blading/skating | <input type="checkbox"/> | Have a snowball fight |
| <input type="checkbox"/> | Build something together | <input type="checkbox"/> | Build a fort together |

- | | | | |
|--------------------------|----------------------------------|--------------------------|-----------------------------|
| <input type="checkbox"/> | Build a tree house together | <input type="checkbox"/> | Travel together |
| <input type="checkbox"/> | Draw together | <input type="checkbox"/> | Take a road trip together |
| <input type="checkbox"/> | Color together | <input type="checkbox"/> | Play Bingo together |
| <input type="checkbox"/> | Have a water fight | <input type="checkbox"/> | Learn origami together |
| <input type="checkbox"/> | Go four-wheeling | <input type="checkbox"/> | Visit a museum |
| <input type="checkbox"/> | Go for a drive together | <input type="checkbox"/> | Visit the nature center |
| <input type="checkbox"/> | Play video games | <input type="checkbox"/> | Build a birdhouse together |
| <input type="checkbox"/> | Learn to cross-stitch together | <input type="checkbox"/> | Play laser tag together |
| <input type="checkbox"/> | Learn to embroider together | <input type="checkbox"/> | Play paint ball |
| <input type="checkbox"/> | Learn to crochet together | <input type="checkbox"/> | Take a pottery class |
| <input type="checkbox"/> | Learn to knit together | <input type="checkbox"/> | Sleep in the backyard |
| <input type="checkbox"/> | Paint your child's room together | <input type="checkbox"/> | Sleep in a blanket fort |
| <input type="checkbox"/> | Rebuild a car together | <input type="checkbox"/> | Camp out in the living room |
| <input type="checkbox"/> | Go ice fishing together | <input type="checkbox"/> | Have a pillow fight |
| <input type="checkbox"/> | Go hunting together | <input type="checkbox"/> | Visit an amusement park |
| <input type="checkbox"/> | Go to a concert together | <input type="checkbox"/> | Volunteer |
| <input type="checkbox"/> | Make a family tree together | <input type="checkbox"/> | Make up a new game |
| <input type="checkbox"/> | Play yard games together | <input type="checkbox"/> | Free Play with your child |